



# GATES CHILI

## CENTRAL SCHOOL DISTRICT

Continuing Education Summer 2023



# Continuing Education Summer 2023 Programs

Register at [gateschili.org/ContinuingEd](https://gateschili.org/ContinuingEd)  
or by calling 247-5345

.....  
Help us to be green. Please pass this brochure on to a friend or recycle it!

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# FREE FOOD? YES PLEASE! EVERY KID. THIS SUMMER.



**WHO:** All children 18 years old and younger

**WHAT:** Enjoy a free lunch in our cafeterias  
Adult meals, snacks available for purchase

**WHEN:** Wednesday, July 5 - Friday, Aug. 11, 2023  
Breakfast: 8-8:30 a.m.  
Lunch: 12-1 p.m.

**WHERE:** Gates Chili Middle School  
2 Spartan Way (use door #8)

Catch the Spartan Eats Bus for lunch  
on weekdays at the following locations:

11 a.m. Lions Park  
11:30 a.m. Memorial Park  
12 p.m. Westgate Park



Menus for all locations will be posted on the Gates Chili website at [gateschili.org/SchoolNutrition](http://gateschili.org/SchoolNutrition). Call 247-7213 with questions.



The Spartan Eats Summer Meals Program is a USDA-funded program.  
Gates Chili CSD and USDA are equal opportunity providers and employers.

# TO REGISTER



Visit our website at  
[gateschili.org/ContinuingEd](http://gateschili.org/ContinuingEd)  
or call (585) 247-5345

## Gates Chili Continuing Education

**Director of Continuing Education**  
Marla Chefalo

**Assistant**  
Josie Argento

**Field House Coordinator**  
Derek Yacono

**Summer Hours of Operation**  
Monday to Thursday 9 a.m. to 4 p.m.

**Contact**  
Email us at [continuingeducation@gateschili.org](mailto:continuingeducation@gateschili.org)  
(585) 247-5345

# KIDS

## Culinary

### Cooking Camp For Kids!

Need a few hours to yourself? Want something for the kids to do over break? How about enrolling them in Cooking Camp! They will learn to cook, you will have some time to yourself, and they can learn how to make you something yummy! Students will create a variety of breakfast, lunch, dinner and snack foods during the camp. A \$30 supply fee is required at the beginning of the first class for the purchasing of food items. Please bring a container daily to bring home your treats! If a student has a food allergy, please indicate so that arrangements may be made. Ages 5-11

**2567SU7/23**

\$79

7/10/2023-7/13/2023

Days: MTWTh

12:30-3 p.m.

Sessions: 4

Stephanie Blaesi

GC Middle School, 2 Spartan Way, Room 221

### Cooking Camp For "Teens"

Do you have a "teen" who is interested in cooking, baking or experimenting in the kitchen? Then come and join us this summer for some kitchen fun. Students will learn to cook, you will have some time for yourself, and they can practice creating delicious recipes! A \$30 supply fee is required at the beginning of the first class for the purchasing of food items. Please bring a container daily to bring home your treats! If a student has a food allergy, please indicate so that arrangements may be made. For students going in to 6th to 10th grades.

**2566SU7/23**

\$79

7/10/2023-7/13/2023

Days: MTWTh

12:30-3 p.m.

Sessions: 4

Stephanie Blaesi

GC Middle School, 2 Spartan Way, Room 221

## Outdoors

### Summer Gardening Club for Kids

Join our Summer Garden and Outdoor Club with Mrs. Brenneis and you will learn how to care for plantings and learn about how to grow your own food. Students will enjoy natural crafts and outdoor experiences during this week. We will take a hike to our edge habitat to learn about ecology and experiment with soil and plants and pond water to learn more about the natural world. Club members will use a microscope to look at pond water. We also hope to visit a local garden center for a field trip. Please wear sneakers and outdoor "work" clothes for this camp. No Crocs, flip flops, or sandals. Bring a water bottle. We will be outside rain or shine. Join the kids camp for those who are ages 5 - 10 (up to grade 5) and join the teen class for ages 11 and up (grades 6 and up).

**NEW**

**5904SU7/23**

\$59

7/10/2023-7/13/2023

Days: MTWTh

12:30-3 p.m.

Sessions: 4

Dorothy Brenneis

GC Middle School, Outdoor Classroom

**5904SU7/23Teen**

\$59

7/10/2023-7/13/2023

Days: MTWTh

9-11:30 a.m.

Sessions: 4

Dorothy Brenneis

GC Middle School, Outdoor Classroom

*Cooking Camp*  
**July 10-13, 2023**

**Kid's Camp**  
**Ages 5-11**  
**from 9 -11:30 a.m.**

**"Teen" Camp**  
**Grades 6-10**  
**from 12:30-3 p.m.**

**Cooking Camps are through**  
**Gates Chili Continuing**  
**Education**  
 585-247-5050 Ext. 21316

**Cost for camp is \$79**

**Plus a one-time \$30 supply fee**  
**due on first day of class**

**Cooking with kids is not**  
**just about ingredients,**  
**recipes, and cooking. It's**  
**about harnessing**  
**imagination,**  
**empowerment, and**  
**creativity**  
**~Guy Fieri**



# Music

## Music and Merriment for Toddlers

**NEW**

Join us for this exciting new program! Come and enjoy a fun, interactive, music class where each child participates at his or her own level singing, moving, chanting, echoing, listening, watching and exploring musical instruments. The class provides a variety of adult-child activities that are fun and offer new ways to play musically at home. This class will feature musical activities that include song, rhymes, dancing, reading and listening. Your child will learn to keep a steady beat, experience opposites like high/low and fast/slow. We will work on controlling small and large body movements through fingerplays, circle dances and creative movement. Join us for this exciting new fun program. For ages 6 months to 3 years. Adult required to participate.

**6543SU7/23** \$39  
7/11/2023-8/1/2023 Days: T  
9:30-10 a.m. Sessions: 4  
Rebecca DeGrave  
GC High School, 1 Spartan Way, Chorus  
Room 700

## Summer Middle School Community Band

**NEW**

Join our first ever Middle School Community Band. Keep your skills sharp and hang out with your band friends this summer. For students in grades 7-9. This is a low pressure fun band with Mrs. DeGrave The group will do a short performance that is to be determined. Class will meet in the HS Band Room.

**6544SU7/23** \$49  
7/5/2023-8/9/2023 Days: W  
3-4 p.m. Sessions: 6  
Rebecca DeGrave  
GC High School, 1 Spartan Way, Room 703



## Elementary Summer Community Band

This summer band will meet for five weeks. We will play some fun music and this is a great way to keep your student playing their instrument during the summer. This low stress ensemble is set to be a great time for everyone. Your student will also have the opportunity to play with students from other elementary schools in the district. For students in grades 5-6 from any school.

**6534SU7/23** \$39  
7/12/2023-8/23/2023 Days: W  
Class meets 7/12, 7/26, 8/2, 8/23  
(no class 7/19 or 8/16)  
4:15-5:15 p.m. Sessions: 5  
Ryan Potter  
GC High School, 1 Spartan Way, Room 703  
Band Room



## Stay Connected on Social Media!

**Follow Us On Facebook**  
@gateschilicontinuingeducation

**Follow Us on Instagram**  
@gateschilicontinuinged

**Follow Us On Twitter**  
@GC\_ContinuingEd & @gcdrivered

## Individual Piano, Guitar, or Drum Lessons with Josh

Learn to play the piano, guitar, or drums through one-on-one 30-minute lessons with music teacher Josh Seiler. You decide your goals and leave the rest to the teacher. The most common goal might be to learn to read sheet music, but this is also an opportunity to learn jazz, chord theory, improvisation, composition, or other skills. All ages and skill levels are welcome. Josh is a self-taught and formally trained teacher. He has been playing for over 30 years and has been teaching for over 15 years. Josh treats music as an art and strives to make lessons creative and enjoyable! You do not need to bring anything for the first day. If you are interested in working on a specific book, then you can bring that. Additional \$5-\$10 workbooks might be recommended based on skill level to those learning to read sheet music. Due to the tight schedule, we ask that you arrive early and make sure to leave on time so the next lesson can start on time. Gold Cards are not accepted for this class.

**6569SU7/232pm** \$99  
7/13/2023-8/3/2023 Days: Th  
2-2:30 p.m. Sessions: 4

**6569SU7/23230** \$99  
7/13/2023-8/3/2023 Days: Th  
2:30-3 p.m. Sessions: 4

**6569SU7/233** \$99  
7/13/2023-8/3/2023 Days: Th  
3-3:30 p.m. Sessions: 4

**6569SU7/23330** \$99  
7/13/2023-8/3/2023 Days: Th  
3:30-4 p.m. Sessions: 4

**6569SU7/234** \$99  
7/13/2023-8/3/2023 Days: Th  
4-4:30 p.m. Sessions: 4

**6569SU7/23430** \$99  
7/13/2023-8/3/2023 Days: Th  
4:30-5 p.m. Sessions: 4

**Josh's Classes held at GC High School, Room 718 (old chorus room)**

**Please use door 45 to enter the school.**

## Art

### Paint your Pet Portrait for Teens

NEW

Whether you are looking to make some art for your home, or you want to make a great personalized gift, pet portraits are always a good idea!! Join us for a two-night, two-hour long art session where you will leave with a finished painting of a beloved pet! Middle School Art Educator Alyssa Manou will guide you through transferring an image of your pet onto canvas and use paints to bring them to life. We will provide all materials for the \$5 supply fee payable to the instructor at the first class. You just need to bring a smock! This is a class for Teens ages 13 and older. Upon registering, please send the instructor a high-quality (non-blurry) photo of your pet to [continuingeducation@gateschili.org](mailto:continuingeducation@gateschili.org) and use Pet Portrait Class as the subject. Pet portraits will be done from the neck of the animal up, so some images may need to be cropped by instructor.

**1063Su7/18/23Teen** \$19  
7/18/2023-7/20/2023 Days: T/Th  
3-5 p.m. Sessions: 2  
Alyssa Manou  
GC Middle School, 2 Spartan Way, Art Room 223



To register or for  
more details

[gateschili.org/ContinuingEd](https://www.gateschili.org/ContinuingEd)

## Misc

### Defend Yourself with Jiu-Jitsu!

This class is great for learning how to defend yourself when on the ground. Students will learn to avoid the takedown and to escape from the ground position. No experience necessary! This class is open to students ages 5-12. Please arrive early on the first class to have time to fill out the release form, get a tour of the facility and change into the uniform (included). This class is offered at Samurai Martial Arts, 1512 Spencerport Road.

**5505Su7/23** \$69  
7/15/2023-8/19/2023 Days: Sa  
9-10 a.m. Sessions: 6  
Samurai Staff  
Samurai Martial Arts, 1512 Spencerport Road



### Karate For Kids!

Learn self-defense, self-confidence, self-control, and have fun while learning karate! Karate also helps to improve fitness, flexibility, and coordination. A uniform is included in the class fee. This class is open to both girls and boys. Classes for ages 4-7 will be held on Tuesday and Thursday and classes for ages 8-12 will be on Monday and Wednesday. Please arrive early for the first class to have time to fill out the release form, get a tour of the facility and change into the uniform. This class is being offered at Samurai Martial Arts 1512 Spencerport Road.

**5577Su7/234-7** \$69  
7/11/2023-7/27/2023 Days: TTh  
4:30-5:15 p.m. Sessions: 6  
Curt Sawyer  
Samurai Martial Arts, 1512 Spencerport Road

**5577Su7/238-12** \$69  
7/10/2023-7/26/2023 Days: MW  
5:15-6 p.m. Sessions: 6  
Curt Sawyer  
Samurai Martial Arts, 1512 Spencerport Road

## Babysitting Training

For students ages 11 and older who want to learn how to properly watch children. This class is taught through classroom discussion, instructor lecture and is supplemented by an interactive video presentation. This five-hour class teaches participants the roles and responsibilities of a babysitter including skills in accident prevention, and first aid and abdominal thrusts for choking victims. Each student will receive a workbook and a certification card upon completion. This summer the class will be held at Gates Chili High School. We will confirm the classroom prior to the start of class. Pizza will be provided compliments of our friend at Mark's Pizza in Gates.

**4263SU7/3** \$59  
7/20/2023 Days: Th  
10 a.m.-3 p.m. Sessions: 1  
EPIC Training  
GC High School, 1 Spartan Way, Library Classroom

**4263SU8/23** \$59  
8/15/2023 Days: Tu  
10 a.m.-3 p.m. Sessions: 1  
EPIC Training  
GC High School, 1 Spartan Way, Library Classroom

## Dance

- Pre-K Dance Camp
- Dance Sampler
- Kids Dance Combo Class
- I Want to Be a Rockette Dance Camp
- Under the Sea Dance Camp



more information at  
[www.gateschili.org/continuinged](https://www.gateschili.org/continuinged)



## Swim Lessons

### Parent and Child Swim Lessons

Parent and Child Swim is a program to help parents teach their young children how to become comfortable in and around the water. We will acclimate them to the water in preparation for learning to swim. Parents learn techniques and information to orient their child to the water. A parent, guardian, or other responsible adult must accompany the child in the water. This program is open to children 6 months to 3 years of age. This summer, please access the pool by driving around the back side on the HS, past the new Performing Arts Center, and park in the back lot. Walk the short distance to the pool and enter through door 18.

**9030SU7/23** \$29  
 7/8/2023-8/5/2023 Days: Sa  
 9:05-9:35 a.m. Sessions: 6  
 Derek Yacono  
 GC High School, 1 Spartan Way, Room Pool

### Private Swimming Lessons

Private swim lessons are a nice, easy way to get one-on-one instruction, to help with that one stroke that needs improvement, or to just become more comfortable in the water. Private lessons are for beginner, intermediate and advanced swimmers, ages 3 and older. Individual lessons are perfect for ALL students including teens, adult beginners, and adults looking for a little bit of coaching. These are private lessons but we may need to double up based on staffing. Please be sure the dates all work for you as we are not able to offer make up lessons. If you have any questions feel free to contact us at [continuingeducation@gateschili.org](mailto:continuingeducation@gateschili.org). This Summer please access the pool by driving around the back side on the HS, past the new Performing Arts Center, and park in the back lot. Walk the short distance to the pool and enter through door 18.

*Offered at a variety of times and options.*

## Adults

### Travel

#### Learn and Visit Letchworth

Visit the no. 1 State Park in America! This guided tour will hit all the highlights of Letchworth State Park, also known as the Grand Canyon of the East. We will see waterfalls, the spectacular gorge, and learn a bit about the history of this amazing 17-mile long park. We will meet in the parking lot of the Letchworth Country Store just off the 390 exit in Mt. Morris and travel as a caravan into the park for the tour (note you will need to be in a private vehicle and will be responsible for the \$10 per vehicle admission fee to Letchworth State Park). The tour stops in the park have been chosen to require very little walking. You'll be able to park close to viewing points, but there will be time for those who would like to walk a bit further and explore the area around the viewpoints. You'll be free to explore the park further on your own after the tour ends. Your tour guide will be able to provide tips and information for more places to explore in the park on your own. Tour departs from parking lot of the Letchworth Country Store in Mt. Morris (3279 Mt Morris Geneseo Rd, Mt Morris, NY 14510).

**9528SU7/23** \$49  
 7/22/2023 Days: Sa  
 2-5 p.m. Sessions: 1  
 Kate Torrey



### Plan Your Own European Adventure

Learn how to plan an independent trip to Europe. By traveling without a tour group, you can save money and travel at your own pace. Participants will learn how to find affordable airfare and lodging, travel easily within Europe, how to pack, and even plan sightseeing. Ample time will be available for questions. This class is being held in person at GCHS in room 205. Enter using door 4.

**9518SU7/23** \$29  
 7/17/2023 Days: M  
 6:30-8:30 p.m. Sessions: 1  
 Kate Torrey  
 GC High School, 1 Spartan Way, Room 205



### Planning Your Disney Vacation

Planning a Disney World vacation can be overwhelming. In this class we'll cover Disney's new Genie + and Lightning Lane ride reservation features, the new park pass system, and how to plan your days in the parks. You'll find out which restaurants need to be reserved 60 days in advance, where to stay, and how to get around the 47 square miles of Walt Disney World. There will be ample time for questions. Enter using door 4.

**9520SU7/23** \$29  
 7/31/2023 Days: M  
 6:30-8:30 p.m. Sessions: 1  
 Kate Torrey  
 GC High School, 1 Spartan Way, Room 205

# Personal

## Become a Notary Online

Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as the appointment, testing, and renewal policies and procedures. You must enter a valid e-mail to register. The instructor will contact students the Friday before about how to access the class. Gold Cards are not accepted for this class.

**7077OSu7/23M** \$59  
7/31/2023-8/7/2023 Days: M  
5:30-8:30 p.m. Sessions: 2

**7077OSu7/23S** \$59  
7/22/2023 Days: Sa  
9 a.m. to 3 p.m. Sessions: 1  
Kristin Cavallar  
Online Course



## Stay Connected on Social Media!

**Follow Us On Facebook**  
@gateschilicontinuingeducation

**Follow Us on Instagram**  
@gateschilicontinuinged

**Follow Us On Twitter**  
@GC\_ContinuingEd & @gcdrivered

## Drones for Beginners: Learn Everything You Need to Know to Get Started

Did you get a drone for the holidays? Thinking about buying a drone but aren't sure what to buy? Just got a drone but you're not sure where to fly it or are afraid to crash or lose it on your first flights? Join this class to get in on the exciting emerging technology of flying drones. This class will give you the knowledge to take off and enjoy this hobby. It's all about having fun, flying safe and being responsible. Drones are becoming increasingly common for personal and professional use. In this class you will learn: what to consider before you purchase your new drone; drone models and equipment, from hobby to professional drones; how to register your drone; when to fly and when to put your

drone away because of bad weather; how to fly legally, staying away from airports, avoiding crowds, etc.; Federal Aviation Administration (FAA) rules and regulations for commercial drones; how to obtain a Part 107 Remote Pilot Certification; and safety guidelines. Please enter GCHS using door 4. This class is for students and adults but students need to be accompanied by an adult.

**1925SU7/23** \$29  
7/10/2023 Days: M  
7-8 p.m. Sessions: 1  
Ross Mazzola  
GC High School, 1 Spartan Way, Room 205



## The Psychic Medium Experience

What is psychic information and how does a reading "work"? Is it magic? A spiritual cult thing? Professional Psychic-Mediums and Teachers Susan Fiandach and Connie Wake offer this experiential class of information and connection. This offering is a "show and tell" of psychic-mediumship, describing the process of the sixth sense, followed by a demonstration of psychic-medium messages to those in attendance. There is no guarantee that everyone will receive a message. The basis of their understanding of psychic-mediumship is simply as the extension of information from our senses in an "extra sensory" way. Whether you call it "that small voice," intuition or clairvoyance, we all have it and can allow it to be part of our everyday living. Knowledge is power... connection is joy!

**5683SU7/23** \$33  
7/12/2023 Days: M  
6:30-8:30 p.m. Sessions: 1  
Connie Wake/Susan Fiandach  
GC High School, 1 Spartan Way,  
Library Mezzanine 223





# Driving

## 5 Hour Pre-licensing Course ONLINE

This course is taught via an online video session. Students must provide a photo of a valid NYS DMV drivers permit (back view is also necessary if the address has been changed from original) by emailing [jon@streetskills.net](mailto:jon@streetskills.net). Students will receive a meeting code and password to attend the Zoom conference by 2 p.m. on the date of their scheduled course. Students are to interact with the instructor the entire course and be ready to answer direct questions or comments. Upon successful completion of the course the certificate will be mailed to the student and the student must sign the certificate upon receipt. Please note certificates will not be issued immediately following the course. Please check and be sure we have a correct email, address, and phone number for you before the start of the class. The MV-278 Certificate students receive is good for one year from the date it is issued and is used to schedule the road test. In addition to the basics, students will leave with knowledge of skills and habits for a lifetime of safe driving. The course will not simply provide the minimum information to pass a road test, but high-value techniques. Mr. DelVecchio, the instructor has taught auto driving skills for many years and has developed a informative and engaging pre-licensing experience.

**4040OSU7/23** \$49  
7/5/2023 Days: W  
3:30 PM - 8:30 PM Sessions: 1

**4040OSU8/23** \$49  
8/29/2023 Days: T  
3:30 PM - 8:30 PM Sessions: 1  
Street Skills  
Online



## AARP Smart Driver Course

The AARP Smart Driver Course consists of six units where participants will learn researched-based safe strategies that can reduce the likelihood of having a crash, understand the links between the driver, vehicle and road environment and how this awareness encourages safer behavior. Learn how aging, medications, alcohol, and other health-related issues affect driving ability, and learn ways to adjust to allow for these changes. Increase confidence, know how to drive safely when sharing the road with other road users and learn the newest safety and advanced features in vehicles. Learn when driving may no longer be safe and explore other ways to travel. The cost for this program is paid directly to the instructor on the first night of class. It is \$25 for AARP members and \$30 for non- members. You pay by check or money order (made out to AARP). Please bring your driver's license, AARP card, payment and a pen to the first class. Enter Gates Chili High School using door 4. Gold Cards are not accepted for this class.

**4022SU7/23** \$25/\$30  
7/25/2023-7/27/2023 Days: T/Th  
6-9 p.m. Sessions: 2  
Ed Newton  
GC High School, 1 Spartan Way, Room 204

## AAA Driver Improvement Program

Are you interested in refreshing your driving skills, learning crash prevention techniques and saving money? Complete this course and, as a principal driver, you may receive a 10% reduction in your automobile liability and collision insurance premiums. You may also qualify for up to four points off your current record of violations. Our certified instructor will teach traffic laws, the roles and responsibilities of the individual driver, and defensive driving techniques. This course is approved by the New York State Department of Motor Vehicles. All drivers with a NYS Driver's License are eligible. No tests are required. Non-AAA members pay \$50 and AAA members pay \$44. To receive the AAA member discount, you must register by calling the office and providing us with your up to date membership number. Gold Cards are not accepted for this class. Class will meet in room 204. Enter the high school using door 4.

**4010SU7/23** \$44/\$50  
7/10/2023-7/12/2023 Days: T/Th  
6-9 p.m. Sessions: 2

**4010SU7/23** \$44/\$50  
8/14/2023-8/16/2023 Days: M/W  
6-9 p.m. Sessions: 2  
Sal Simonetti  
GC High School, 1 Spartan Way, Room 204

## Stay Connected on Social Media!

**Follow Us On Facebook**  
[@gateschilicontinuingeducation](https://www.facebook.com/gateschilicontinuingeducation)

**Follow Us on Instagram**  
[@gateschilicontinuinged](https://www.instagram.com/gateschilicontinuinged)

**Follow Us On Twitter**  
[@GC\\_ContinuingEd](https://twitter.com/GC_ContinuingEd) & [@gcdrivered](https://twitter.com/gcdrivered)



**To register or for more details**

[gateschili.org/ContinuingEd](https://gateschili.org/ContinuingEd)



# WORK AT GATES CHILI!

Meet our staff, learn about amazing benefits and interview on-site at the Support Staff Hiring Event!

**Wednesday, July 12**

11 a.m. to 1 p.m. and 4 to 6 p.m.  
Gates Chili Field House, 1 Spartan Way

***Rather not wait? Apply today at  
[gateschili.org/jobs](https://gateschili.org/jobs)***

## /// SUMMER DRIVER EDUCATION

### ABOUT US:

Gates Chili Continuing Education is proud to offer the NYS Department of Motor Vehicle / NYS Education Department Summer Driver Education Program! This program is open to all students currently enrolled in and in good standing at any high school.

### UPON SUCCESSFUL COMPLETION, STUDENTS WILL RECEIVE:

- The MV-285, the form used to schedule their road test and upgrade a license at the DMV
- Class D Full License privileges at age 17
- Potential insurance discounts (check with your provider)

### INSTRUCTION INCLUDES:

- Comprehensive learn-to-drive instruction designed for young drivers
  - 16 lecture classes (1.5 hours)
  - 16 in-car road group sessions (1.5 hours)
- Cost \$500-575 depending on residency

### SESSION 1

June 26-30, July 5-7, July 24-28, July 31 to Aug. 3

### SESSION 2

July 10-14, July 17-21, Aug. 3-11



**REGISTER NOW AT [GATESCHILI.ORG/DRIVEREDLOTTERY](https://gateschili.org/drivedredlottery)**

## Aquatic Certification

### American Red Cross Lifeguard Training

This program is designed to teach candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. The course content and activities prepare candidates to recognize, and respond quickly and effectively to emergencies. Candidates are expected to swim 300 yards continuously, using the front crawl or breaststroke. They also need to swim 20 yards using front crawl or breaststroke, surface dive 7-10 ft., retrieve a 10-pound brick, return to the surface, swim 20 yards back to the starting point with the brick and exit the water without using the ladder or steps in one minute 40 seconds. The final test is treading water for two minutes. This course includes CPR for the Professional Rescuer and First Aid. Plan to spend time in both the classroom and pool each session. Students must be 15 years of age by the last scheduled session. Use door 5 at GCHS to enter the building. Class will meet in the pool. You must attend all dates. Please email [dcyaco@gateschili.org](mailto:dcyaco@gateschili.org) for more course information or questions. You are welcome to come and practice skills in our pool just let us know when you register for the course.

**9005SU7/23** \$189.00  
7/5/2023-7/13/2023 Days: WThF  
10 a.m.-3 p.m. Sessions: 3  
Derek Yacono  
GC High School, 1 Spartan Way, Pool



## Art



### Paint Your Own Pet Portrait!

Whether you are looking to make some art for your home, or you want to make a great personalized gift, pet portraits are always a good idea!! Join us for a two-night, two-hour long art session where you will leave with a finished painting of a beloved pet! Middle School Art Educator Alyssa Manou will guide you through transferring an image of your pet onto canvas and use paints to bring them to life. We will provide all materials for the \$5 supply fee payable to the instructor at the first class. You just need to bring a smock! This is a class for 18 and older. Upon registering, please send the instructor a high-quality (non-blurry) photo of your pet to [continuingeducation@gateschili.org](mailto:continuingeducation@gateschili.org) and use Pet Portrait Class as the subject. Pet portraits will be done from the neck of the animal up, so some images may need to be cropped by instructor.

**1062SU7/17/23** \$29.00  
7/17/2023-7/19/2023 Days: MW  
5-7 p.m. Sessions: 2

**1062SU7/24/26** \$29.00  
7/24/2023-7/26/2023 Days: MW  
5-7 p.m. Sessions: 2  
Alyssa Manou  
GC Middle School, 2 Spartan Way, Room 223

## Acrylic Pouring Workshop

Pour painting is hot and easy! Join us for this fun and informative workshop in acrylic pouring. No experience needed. Everyone will be creating two small canvases using two different techniques. Note: techniques will be different from previously offered classes. Bring an apron and something to transport your wet canvases home (a box or disposable baking trays) or plan to pick them up at a later date from the field house. All other materials are included in your registration fee. Special Note: register early, class size is limited. Warning: this is addictive. Please enter GCHS using door 3.

**1211SU8/23** \$45.00  
8/5/2023 Days: Sa  
5-7 p.m. Sessions: 1  
Susan Micciche  
GC High School, 1 Spartan Way, Room 100



## Stay Connected on Social Media!

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[@GC\\_ContinuingEd](https://twitter.com/GC_ContinuingEd) & [@gcdrivered](https://twitter.com/gcdrivered)

## Fitness

### Aqua Zumba with Maribel

Aqua Zumba brings a new meaning to the idea of an invigorating workout. It combines the South American Zumba rhythm and dance steps with a pool party. It offers a fun but challenging, water-based, body toning workout. Enter using door 5 and check in at the window and head down to the pool. Bring a towel and a plastic water bottle.

**5588SU7/23** **\$59.00**  
 7/11/2023-8/15/2023 Days: T  
 7-7:45 p.m. Sessions: 6  
 Maribel Torres  
 GC High School, 1 Spartan Way, Pool

**5588SU7/23TH** **\$59.00**  
 7/13/2023-8/17/2023 Days: Th  
 7-7:45 p.m. Sessions: 6  
 Maribel Torres  
 GC High School, 1 Spartan Way, Pool

### Outdoor Zumba with Kelly L.

Zumba is a combination of Latin and international dance that makes for an exciting workout! It tones your body through dance moves that are easy to learn. It's perfect for anyone who wants to have fun while they exercise. Come join Kelly at Zumba and see for yourself! All you need to bring is a water bottle and energy!

**5628SU7/23TH** **\$59.00**  
 7/13/2023-8/17/2023 Days: Th  
 7-8 p.m. Sessions: 6  
 Kelly LoTurco  
 GC High School, 1 Spartan Way



## Outdoor Yoga

Come outside and play! Outdoor yoga will be taught in the shade with inside alternative space when weather does not permit. Learn how to use breath and movement to energize and calm the nervous system. This class will help you achieve your fitness goals with strength, endurance, flexibility and rest. Mixed level yoga offers options within each pose varying the level of intensity and the use of props to access and align poses. If you are looking to get a well-rounded workout and to de-stress, this class is for you! Foundational Level 1 and Level 2 yoga poses, breathing techniques and meditation will be taught. The body loves movement and stillness. The practice will bring balance to the nervous system. Please bring a yoga mat. Yoga blankets, blocks and straps are recommended.

**5542SU7/23**  
 7/10/2023-8/14/2023  
 6-7:15 p.m.  
 Cheri Scotto  
 GC Performing Arts Center

**\$69.00**  
 Days: T  
 Sessions: 6



## Culinary

### Wine Making Made Simple

Looking for a unique way to spend time with family or an evening out with your friends? Then Wines By Design is the perfect place for you! It's easy and fun! You will learn the process of making wine and get hands-on experience to create your very own wine in four one-hour classes throughout a six-week span. The cost includes instruction and materials to make ten bottles of wine per person or couple. You will work together to make the wine base, but wine can be individualized on the final day of class. Create your own labels to further personalize your ten bottles of wine. In addition to the wine making instruction, various discussions (and some samples) of wine pairings will be held (ex: cheeses, chocolates, wine sauces). Minimum age of participants: 21 years old. This class is offered in two formats at the same time. Single one student who will be making 10 bottles of wine and Couple two students making 10 bottles of wine. This spring we are offering the class on Tuesday nights or Wednesday nights. Please check dates closely as the class does not meet weekly. Gold Cards are not accepted for this class.

#### Tuesday class 6-7 p.m.

Class 1: July 5  
 Class 2: July 26  
 Class 3: Aug. 8  
 Class 4: Aug. 15

#### Wednesday Class - 6-7 p.m.

Class 1: July 11  
 Class 2: Aug. 1  
 Class 3: Aug. 16  
 Class 4: Aug. 22

**9714SU7/23T** **\$89**  
 7/5/2023-8/16/2023 Days: T  
 6-7 p.m. Sessions: 4

**9714SU7/23W** **\$89**  
 7/11/2023-8/22/2023 Days: W  
 6-7 p.m. Sessions: 4  
 Wines By Design, 3392 Buffalo Rd.

### Wine Making Made Simple for Couples

**9713SU7/23CT** **\$99**  
 7/5/2023-8/16/2023 Days: T  
 6-7 p.m. Sessions: 4

**9713SU7/23CW** **\$99**  
 7/11/2023-8/22/2023 Days: W  
 6-7 p.m. Sessions: 4  
 Wines By Design, 3392 Buffalo Rd.







## GATES CHILI CENTRAL SCHOOL DISTRICT

3 Spartan Way  
Rochester, New York 14624  
585.247.5050

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[gateschili.org](http://gateschili.org)

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## Community use of the Gates Chili Field House

### Community Walk Program

Gates Chili High School is open to district residents in the evenings for walking. Walk the indoor suspended track at the high school. Do not leave any valuables; we are not responsible for lost or stolen items. For more information about our walking hours, check out the Gates Chili website at [gateschili.org](http://gateschili.org). Check the schedule on the district website or sign up for weekly emails. The track schedule is subject to change due to athletic contests, rentals or other events.

### Community Swim Program

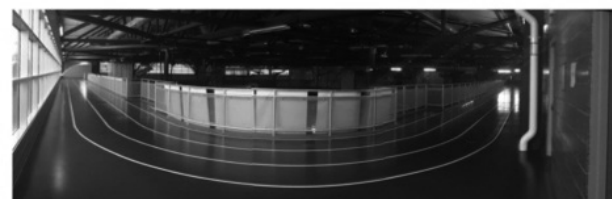
The Gates Chili High School pool is open most evenings and weekends for district residents for open swimming. For more information about our pool hours and usage guidelines, please check out the district website at [gateschili.org](http://gateschili.org).

Family Swim takes place on Saturdays and Sundays only. Please check the schedule online. Children must be accompanied by their legal guardian. Check the website for special vacation family swimming hours.

### Fitness Center Use and Orientation

All district residents who would like to use the fitness center must undergo the Fitness Center Orientation. The orientation course requires residents to show a valid New York State driver's license that includes their Gates Chili district address. Please ensure you reside in the district before signing up as we are unable to process refunds. Each registered student will need to make their own account in the registration database.

Orientation offered Tuesdays at 6:30 p.m.  
Cost: \$15



**All field house community members  
must reside in the Gates Chili  
Central School District.**